

Good Hearted Woman

Choreographed by Alessandra Tisi (IT)

Description: 32 counts, 4 wall, Pulse - Polka

Level: Newcomer

Music : 'A Good Hearted Woman' - Leann Rimes - Country

Official UCWDC competition dance description

Date of usage 8 March 2023 to April 2024

- 1-8 SCUFF, STEP OUT OUT, 2 HEEL BOUNCE, 2 SAILOR STEPS**
1&2 Scuff R forward (1), Step R diagonally R forward (&), Step L to L side (2)
3,4 Heel bounce with both feet (3), Heel bounce with both feet (4)
5&6 Cross R behind L (5), Step L to L side (&), Step R to R side (6)
7&8 Cross L behind R (7), Step R to R side (&), Step L to L side (8)
- 9-16 CROSS TOUCH BEHIND, 3/4 TURN R, ROCK STEP, COASTER STEP, 1/2 TURN L**
1,2 Cross touching R behind L (1), 3/4 turn R stepping R forward (2) 9.00
3,4 Rock L forward (3), Recover on R (4)
5&6 Step L back (5), Step R next to L (&), Step L forward (6)
7,8 Step R forward (7), 1/2 turn L stepping L forward (8) 3.00
- 17-24 FORWARD BASIC, MODIFIED JAZZ BOX, CHASSE**
1&2 1/8 Turn R stepping R forward (1), Step L next to R (&), Step R forward (2) 4.30
3&4 1/4 Turn L stepping L forward (3), Step R next to L (&), Step L forward (4) 1.30
5,6 Cross R over L (5), 1/8 turn R stepping L back (6) 3.00
7&8 Step R to R side (7), Step L next to R (&), Step R to R side (8)
- 25-32 CROSS ROCK, 1/4 TURN L, FORWARD BASIC, 1/2 STEP TURN L, 1/4 STEP TURN L**
1,2 Cross rock L over R (1), Recover on R (2)
3&4 1/4 turn L stepping L forward (3), Step R next to L (&), Step L forward (4) 12.00
5,6 Step R forward (5), 1/2 turn L stepping L forward (6) 6.00
7,8 Step R forward (7), 1/4 turn L stepping L to L side (8) 3.00