

My Heart Goes

Choreographed by Barbara Wöhry (AT)

Description: 32 counts, 4 wall, Street

Level: Newcomer

Music : 'Head & Heart' - Joel Corry ft. MNEK - Non-Country

Official UCWDC competition dance description

Date of usage 8 March 2023 to May 2024

- 1-8 KICK & POINT x2, STEP, LOCK & HITCH 2x, STEP DIAGONAL FORWARD**
1&2 Kick R forward (1), Step R next to L (&), Point L to L side (2)
3&4 Kick L forward (3), Step L next to R (&), Point R to R side (4), Step R diagonally R forward (5)
6&7&8 Cross L behind R & hitch R (6), Step R diagonally R forward (&), Cross L behind R & hitch R (7), Step R diagonally R forward (8)
- 9-16 SHUFFLE & DODGE 2X, VINE WITH 1/4 TURN L, TOUCH**
1&2 Kick L diagonally L forward (1), Step L to L side & kick R diagonally R forward (&), Touch R behind L (2)
3&4 Kick R diagonally R forward (3), Step R to R side & kick L diagonally L forward (&), Touch L behind R (4)
5&6&7&8 Step L to L side (5), Cross R behind L (6), 1/4 turn L stepping L forward (7), Touch R next to L (8)
- 17-24 ROCK STEP & CLOSE 2X, CHUG 1/2 TURN L**
1&2 Press R ball to R side (1), Recover on L (&), Step R next to L (2)
3&4 Press L ball to L side (3), Recover on R (&), Step L next to R (4)
5&6&7&8 1/8 turn L stepping R to R side (5), Recover on L (&), 1/8 turn L stepping R to R side Recover on L (&) 6.00
7&8&8 1/8 turn L stepping R to R side (7), Recover on L (&), 1/8 turn L stepping R to R side Recover on L (&) 3.00
- 25-32 SYNCOPATED HEEL GRIND 2X, JAZZ BOX 1/2 TURN R**
1&2 Cross R heel over L (1), Step L to L side while turning on R heel the toes to R (2), Step R next to L (&)
3&4 Cross L heel over R (3), Step R to R side while turning on L heel the toes to L (4), Step L next to R (&)
5&6&7&8 Cross R over L (5), 1/4 turn R stepping L back (6), 1/4 turn R stepping R forward (7), Step L forward (8) 9.00